

For Immediate Release

March 20, 2024

Chili Cookoff on the Menu for Free Cooking Class

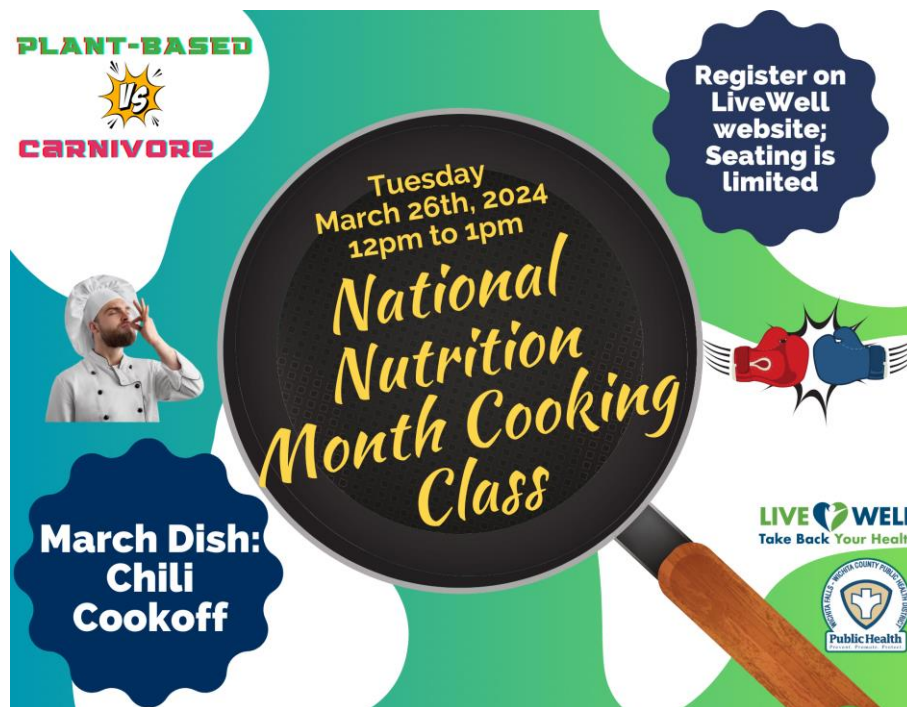
Wichita Falls, Texas- A challenge between plants and meat chili is on the menu for a free cooking class offered by LiveWell Wichita County. Participants will choose the winning dish.

The class will be held on March 26, 2024, at the Wichita Falls Wichita County Health District from 12:00 pm to 1:00 pm.

Seats are limited. Participants can register by clicking [here](#).

The LiveWell program exemplifies one of the goals detailed in the Community Health Improvement Plan to create a culture in the community that supports and encourages healthy behaviors. The cooking classes are one way to show our commitment by helping our community live healthier and more productive lives through food education and demonstration.

For specific questions about the program, please call Jelecia Miller at 761-7699.



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