



# Press Release



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For Immediate Release

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## Free Cooking Class Coming to Wichita Falls

Wichita Falls, Texas- "Cooking Around the World" is this summer's theme for free cooking classes through the Wichita Falls-Wichita County Public Health District's LiveWell Wichita County initiative.

The first cooking class of the summer is on May 12, 2023, at 12 pm. On the menu is Jamaican Jerk Chicken Stir Fry. This class is open to the public including children.

There is limited seating and you must reserve a spot by May 10, 2023. To sign up [click here](#).

LiveWell Wichita County is our local initiative to bridge the gap between health and the community. The program exemplifies one of the goals detailed in the Community Health Improvement Plan to create a culture in the community that supports and encourages healthy behaviors.

The cooking classes are one way to show our commitment to the plan by helping our community live healthier and more productive lives through food education and demonstration.

If you have specific questions about the program, please call Jelecia Miller at 761-7699.

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