



How to put on, use, remove, and wash a cloth mask

1



Before putting on your cloth mask, wash your hands with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand rub.

2



Cover your mouth and nose with mask and make sure there are no gaps between your face and the mask.

Avoid touching the mask while using it; if you do, wash hands with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand rub.

3



To remove the mask: remove it by the strings or loops only (**DO NOT TOUCH THE FRONT OF THE MASK**); then wash hands with soap and water for at least 20 seconds. If soap and water are not available use alcohol-based hand rub.

4



Wash your cloth mask in your in the washing machine using **HOT** water and detergent. Cloth masks should be dried in dryer.