



September 10, 2018

Dear Potential Participants:

The National Health and Nutrition Examination Survey (NHANES), conducted by the National Center for Health Statistics is coming to Wichita County September 21<sup>st</sup> to November 21<sup>st</sup>. We support this essential survey on the health and nutritional status of people living in the United States.

The NHANES study continues to provide important health information about our nation's population through interviews and direct physical measurements, such as the prevalence of health conditions, nutrition status, risk behaviors, and environmental exposures. By participating in NHANES, you have the opportunity to represent thousands of others in your community.

Results from NHANES benefit people in the United States in important ways. The research findings from previous cycles of the study have been used to address important health problems in our community such as heart disease, diabetes, and high blood pressure. This unique comprehensive health resource provides new and important information available through no other source.

As a participant you will be interviewed in your home at your convenience and the NHANES team will arrange an appointment for physical measurements at the NHANES mobile examination center also at your convenience; the center will be located at the Health District – 1700 Third St.

Your participation is voluntary. You may choose not to answer any questions and you can stop participation at any time. The information that you give will be kept private.

We strongly urge you to participate in this important national study. If you have any questions, please feel free to contact the NHANES office at 1-800-452-6115.

Sincerely,

Manuel Borrego  
Chief of Police  
Wichita Falls Police Department