

Recreation Center
10th & Indiana
940-761-8887



Phase One Hours
Monday - Friday
8:00 am – 12 Noon

August Activities – HOURS 8am- 12 NOON- Limits on Participants for each activity RESERVATIONS CAN BE MADE BY CALLING 940-761-8887. Reservations can be made for the current week only! Spots not reserved are on a First Come First Served Basis

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-11:30A: Open Oil Painting Session Rm 215- Art Room: Limit 6	9:A: Chair Balance & Posture, Rm 208B Limit 12	8:30A-11:30A: Charity Quilting Group, - Beginner Quilters Only! Rm 211 Limit 6	8:30A-11:30A: Charity Quilting Group, - Experience Quilters Only! Rm 211 Limit 6	9:A: Chair Balance & Posture, Rm 208B Limit 12
8:30A-11:30A: Charity Quilting Group, - Experience Quilters Only! Rm 211 Limit 6	9:30A: Morning Workout, with Terri Rm 201 Limit 12	9:A: Chair Balance & Posture, Rm 208B Limit 12	9:A: Chair Balance & Posture, Rm 208B Limit 12	9-11A: Ping Pong, Rm 202 Limit 12
9:A: Chair Balance & Posture, Rm 208B Limit 12	9:30 A: Computer Class, Rm 202 Limit 3	9-11A: Ping Pong, Rm 202 Limit 12 –singles only	9:30A: Morning Workout with Terri Rm 201 Limit 12	9A: Beginner Pilates Instructor: Sharon Room 201: Limit 12
9-11A: Ping Pong, Rm 202 Limit 12	10:30A: Stronger Seniors, Rm 208B Limit 12	9:30A: Morning Workout with Lori Rm 201 Limit 12	10:45A: Gentle Yoga with Terri, Room 201 Limit 9	10:30A: Stronger Seniors, Rm 208B Limit 12
9:30A: Morning Workout with Lori, Rm 201 Limit 12	ZONE Closes at 12 Noon	10A-12P: Stained Glass, \$10 - Rm 215 Limit 8	10:30A: Stronger Seniors, Rm 208B Limit 12	10:30A: Open Line Dance Activity – NOT AN INSTRUCTOR LED CLASS! Rm 201 Limit 12
10:30A: Stronger Seniors, Rm 208B Limit 12		10:30A: Stronger Seniors, Rm 208B Limit 12	10:30A: Stitching, Rm 215 Limit 8	
ZONE Closes 12 pm		ZONE Closes at 12 Noon	ZONE Closes at 12 Noon	ZONE Closes at 12 Noon



Available 8A- 12 Noon

Fitness Equipment Room (200): Limit 16

Circuit Training Room (203): Limit 12

Social Room (217): Limit 30 *Cards, *Dominoes, *Billiards, TV, Computers, Socializing

Hallways: Limit 20 Walking for Members Only - One direction

***Billiard balls, pool cues, cards and dominoes are checked out at the Zone desk. All supplies are sanitized and cards are discarded after use.**

**SINGLE ENTRANCE ON NORTH SIDE OF BUILDING (10TH Street) ONLY!!!
Check in at the Sanitation/Greeting Center on the 2nd Floor is Required. Every member must sign the COVID19 addendum**

AS OF 7/3/2020: WEARING OF A MASK OR FACECOVERING IS REQUIRED WHILE INSIDE THE BUILDING- EVEN WHEN EXERCISING. ONLY EXCEPTION IS A MEDICAL CONDITION PREVENTING THE WEARING OF A MASK. Social distancing of 6 Feet at all times.

Due to COVID19 Restrictions: there will be no Coffee, Kool-Aid, Popcorn or Self-Serve water. Members are encouraged to bring their own water. Bottled water is available for purchase at the Zone Desk for 25 cents.

These are our temporary hours for Phase One. Additional hours and activities will be added when we are able. Thank you for your patience.

